

4-H Recordbooks

Rusty Hohlt

County Extension Agent - FCS

Bee County



Why do a recordbook?

- Awards!! Club and individuals!!
- Scholarships
- Great experience



What to include in a 4-H Recordbook...

- 4-H Recordbook Check Sheet
- Texas 4-H Personal Information Page
- My 4-H Story and Photo Portfolio
- Texas 4-H Report Form
- 4-H Resume - Seniors only!



Personal Information Page

- Recordbook Category
 - Choose one main project
- Pertinent information
 - Date/year of birth
 - Current 4-H age
 - Social security number - it's safe!



4-H Story and Photo Portfolio

Here is my 4-H life...look at
what I have done!!



4-H Story and Photo Portfolio:

What should be included in a 4-H Story and Photo Portfolio?

- Title: "My 4-H (Recordbook Category) Story and Photo Portfolio"
- Information about yourself, your family, and your community
- When and why you joined 4-H
- Tell about the recordbook category in which you are submitting your recordbook (what have you learned in 4-H)

4-H Story and Photo Portfolio:

What should be included in a 4-H Story and Photo Portfolio?

- Explain how 4-H has helped you become a better leader and citizen
- Highlight other 4-H projects and activities
- Explain how being a 4-H member has helped you set goals (tell what the goals are) and develop new interest, and if 4-H has influenced your future plans or career goals
- What about all the other stuff you do?

4-H Story and Photo Portfolio

What are the requirements?

- Maximum of 10 pages for the 4-H Story and Photo Portfolio
- Length
 - Text
 - Minimum of 3 pages of double-spaced type and use a minimum of 10-point font or equivalent size font or it may be handwritten
 - Pictures
 - Minimum equivalent of 3 pages of pictures
 - Each picture should have a brief caption that explains the **actions** in the photo and lesson learned

4-H Story and Photo Portfolio

What are the requirements?

- Length (continued)
 - Remaining 4 pages - however you choose!
- Story and photo may be combined
- Be creative, catch the judges attention
- Text margins
 - Top, bottom, and right margins must be 1 inch
 - Left margin must be $1 \frac{1}{2}$ inches to allow for hole punching

4-H Story and Photo Portfolio

What are the requirements?

- Paper type
 - Typing paper and bond weight paper are acceptable
- Prohibited
 - Construction paper
 - Card stock
 - Sheet protectors
 - Tabs
 - Dividers

4-H Story and Photo Portfolio

What are the requirements?

- Photos

- Should reflect growth, development, and involvement
- Main project, other projects, leadership, and community service
- Color or black and white, scanned or copied, newspaper photo clippings okay, no news stories
- May not overlap, must be fastened securely

Texas 4-H Report Form

- Sections
 - 4-H project experiences
 - 4-H leadership experiences
 - 4-H community service
 - Other 4-H projects
 - 4-H recognition and awards
 - Non 4-H activities



Texas 4-H Report Form

- Important facts to remember...
 - Sections I, II, and III - report only last 4 years
 - Section 1 - report on a maximum of 4 projects
 - Code experiences with L, C, D, S, N, or I
 - Knowledge gained should meet objectives; but do not have to be listed entirely, just noted
 - Livestock, dairy & horse judging, horse and nutrition bowls are learning experiences

Texas 4-H Report Form

Section 1 - 4-H Project Experiences

- 4-H Project Summary
- What is your project? How did your project change or grow?
 - List the recordbook category entered as your first project.
 - Current 4-H year's experience should always be listed first.
 - This page should include, but not limited to, such things as: items bought, items made and/or raised, places visited, profits/losses, and number of people taught
 - Limit to one page



Meat Goats

Year	06-07	05-06	04-05	03-04
# of Goats	4	3	2	2
Hours Invested	363	320	290	276
Profit/ Loss	Cost: \$1,687 Sold: \$2,000 Profit = + \$313	Cost: \$1234 Sold: \$1800 Profit = \$566	Cost: \$1000 Sold: \$1200 Profit = \$200	Cost: \$1400 Sold: \$700 Loss: -\$700
People taught	Hosted 1 prospect show and 2 showmanship workshops = 60 people	Provided demonstration to 4-H club and hosted a prospect show/showmanship workshop = 45 people	Provided demonstration to 4-H club = 18 people	Provided demonstration to 4-H club = 15 people

Clothing and Textiles

2006-2007: Bought one comparison shopping casual outfit at an outlet store for \$32.00, compared to \$67.00 at department store. Bought 4 yards of fabric to make curtains for my room at \$1.25/yd, for a total cost of \$5.00. I saved \$20.00 by making the curtains myself, rather than purchasing a set for \$25.00.

2005-2006: Made one purse for homemaking show during county stock show. I learned how to follow a pattern and surge the seams. I received 2nd place on my purse and have started making the purses as gifts for friends birthdays.

Food and Nutrition

Year	# of Projects	# of Shows	# of Project Meetings	Hours in Kitchen	# Youth Taught
2006-2007	8	4	7	120	16
2005-2006	5	3	5	80	8
2004-2005	2	1	3	20	0

Texas Report Form

Section 1 - 4-H Project Experiences

- 4-H Learning Experiences and Knowledge Gained
- What have you done and what have you learned?
 - List recordbook category entered as your first project
 - Current 4-H year's experience should always be listed first
 - List your experiences as a participant
 - Limit to two pages

Project

Year	Activity	Role	Obj	Level
06-07	4 project visits to breeder to pick-up animals, discussed alternative feeding program, future breeding possibilities, and correctly administering medicine Showed in 2 prospect shows Provided demonstration for club Participated in Bee County Junior Livestock and Homemakers Show Hosted showmanship clinic reaching 120 people Visited with local vet about treating pneumonia in animals.	Participant	1, 3	L
		Participant	1	S
		Leader	5	L
		Participant	1	C
		Leader	2, 5	D
		Participant	4	C
05-06	2 visits with breeder to determine best breed choice for my show Showed in 2 shows including the BCJLHS and South Texas Prospect Show Provided demonstration on showmanship to club	Participant	3	L
		Participant	1	D
		Leader	2, 5	L
04-05	Learned proper care of animal through visit with breeder and County Extension Agent Learned about showmanship from teen leader in 4-H club Showed in BCJLHS	Participant	3	L
		Participant	1	C
		Participant	1	C

Clothing and Textiles

2006-2007:

Obj 1: I learned comparison shop in order to find the best deals through 5 project visits to the mall.

Obj 2: I sewed 28 lap pads and donated them to the nursing home with the help of 3 club members.

Obj 3: I learned to use a sewing machine to serge the hem on a skirt. I also visited to a dry cleaners to learn about spot removal on dry clean only garments.

Obj 4: This year I researched colleges with degrees in Clothing and Textile in order to prepare for college.

Obj 5: Taught 43 junior age 4-H members the importance of poise during a Clothing and Textiles workshop.

Texas 4-H Report Form

Section II - 4-H Leadership

- Promotion Leadership: How have you told someone about 4-H?
- Volunteer Leadership: How and what did you do to lead or teach others in 4-H?
- Elected/appointed Leadership: What did you do to help?
- Limit of one page; 4 year rule

Promotion Leadership

2006-2007

Wore 4-H t-shirt to school during 4-H Week

Rode in Western Week parade on 4-H float

Decorated 4-H booth at buyer appreciation dinner for the BCJLHS

2005-2006

Recorded *Public Service Announcement* during 4-H enrollment month

Submitted picture to the newspaper about 4-H club community service

Volunteer Leadership

2006-2007

Lead prayer, motto, and pledge at 4-H meeting

Provided demonstration to 4-H club on goat showmanship

2005-2006

Recruited 4-H club members to help work concession stand during 4-H Horse Show

Elected/Appointed

2006-2007

4-H Club Council Delegate

2005-2006

4-H Club treasurer

Committee Chair for the annual community service program

Texas 4-H Report Form

Section III - 4-H Community Service

- Ask yourself: "What did I do to help other people because of 4-H?"
- Not just BAKE and TAKE
- Limit to one page
- Leadership
 - "Y": Yourself
 - "P": Provide Primary Leadership
 - "M": Member of a group



2006-2007

Donated fans to the Vineyard (M)

Worked the club Relay for Life tent (M)

Sang Christmas Carols at nursing home (P)

2005-2006

Donated meat to chili supper fund-raiser (M)

Worked 4 hours at chili supper fund-raiser to benefit courthouse restoration (M)

Donated clothing and toy items to Christmas Gift drive (Y)

Texas 4-H Report Form

Section IV - Other 4-H Projects

- List any 4-H project(s) not listed in Section I
 - If a 4-H member has been involved in only four projects throughout their 4-H career, list the fourth project in Section IV. This will prevent loss of points for not including information in this section
 - Limit to $\frac{1}{2}$ page

Communication/Expressive Art

2005-2006: Was a part of the Share-the-Fun comedy skit during RoundUp.

Public Speaking

2005-2006: Provided method demonstration to club on public speaking reaching 15 people.

Gardening and Horticulture

2005-2006: Raised 100 garden vegetables from seed and sold 92 during a community wide plant sale and made \$212.00.

2004-2005: Raised 25 garden vegetable plants and sold produce at local farmers market. Over the summer my garden raised \$183.00.

Texas 4-H Report Form

Section V - 4-H Recognition and Awards

- Include only 4-H recognition and/or awards
- The keyword is 4-H
- Emphasize recognition received during the past 4 years
- Begin listing with current year
- Limit to $\frac{1}{2}$ page

2006-2007

Gold Star Award

2nd Place District Food Show

Overall High-Point Homemaker in the BCJLHS

Blue Ribbon pen of rabbits

Blue ribbon photo in the BCJLHS

2005-2006

Blue ribbon district recordbook

1st place county recordbook

2nd place brownies in the Bee County Junior Livestock and Homemakers Show

2004-2005

Outstanding Intermediate 4-H member in 4-H Club

Highest seller in county Pecan and Peanut fund-raiser

2003-2004

Blue ribbon pen market swine in BCJLHS

Texas 4-H Report Form

Section VI - NON-4-H Activities

- List leadership, community service, awards and recognition from other activities such as school, church, and other community organizations (FFA, NHS, and Pre 4-H)
- May include Pre 4-H activities, no Pre 4-H activities should be reported prior to this page
- Begin list with current year

2006-2007

AB Honor Roll

Presidents Education Award

FFA Sweetheart

Greeter at church

2005-2006

Outstanding FFA member

FFA Chapter President

National Honor Society Member

Boys Scouts community service leader

School

2006-2007

National Honor Society – Chair of Fundraising
FFA Parliamentarian
Perfect Attendance Award
Outstand Math Student

2005-2006

A Honor Roll
Exemplary performance on TAKS

Church

2006-2007

Youth representative to programs committee
Youth choir member

2005-2006

Youth Choir member
Youth Usher

Community

2006-2007

Volunteer referee for Boys and Girls Club basketball camp
Volunteer reader at HeadStart

2005-2006

Volunteer for library
1st place Little League team
Boys Scout member

4-H Resume

(Senior 4-H members only)

- No photos allowed on resume
- No business or letterhead may be used
- Resumes should not be done by a resume service or professional
- Make your resume **UNIQUE!!**

*“For the Record”
4-H Record Keeping*

Texas 4-H and Youth
Development Program



<http://tx4-h.tamu.edu/recordbook/>

Your one stop shop for all things
recordbook!!